Girls on the Run registration is now open!

Girls on the Run is an afterschool program like no other! Twice per week for 10 weeks, girls in 3rd-6th grade will have fun, make friends, increase their physical activity levels and learn important life skills. Trained and caring coaches lead the grade girls through interactive lessons and running activities. The season ends with a noncompetitive 5K event.

Online registration is available now at gotrsonomacounty.org

Payment plans and Scholarships Available

Registration Deadline: September 6, 2019
Season begins: September 16, 2019
Cost: $185

"I learned to always be positive, respect myself and others and cheer for everyone!" -Girls on the Run participant

The Healdsburg School
Mondays and Wednesdays/3:30-4:45
Melissa Walker – mwalker@thehealdsburgschool.org
Maria Trickel- mtrikel@thehealdsburgschool.org
Jessica Klein- jkleindvm@gmail.com

End of Season 5k: **8 December (Open to families and the entire community)**

Girls on the run

For registration or more information:

gotrsonomacounty.org